

MCAL Cross Country Championship Meet History, 1962 - present

YEAR	BOYS' TEAM CHAMPION	BOYS' INDIV CHAMPION	GIRLS' TEAM CHAMPION	GIRLS' INDIV CHAMPION
2024	Tamalpais 36	Ian Sharp, Archie Williams	Redwood 39	Ani Stieg, Archie Williams
2023	Tamalpais 42	Ethan Werner, Red	Redwood 48	Ani Stieg, Archie Williams
2022	Redwood 23	Daegan Cutter, RED	Redwood 38	Adeline Johnson, BR
2021	Archie Williams 32	Caden Carney, Tam	Tamalpais 28	Audrey McLean, RED
2020	<i>not held</i>	<i>not held</i>	<i>not held</i>	<i>not held</i>
2019	Drake 41	Hudson Grace, RED	Redwood 35	Gigi Clifford, MC
2018	Drake 34	Liam Anderson RED	Marin Catholic 45	Callie Jones, BR
2017	Drake 32	Liam Anderson RED	Drake 70	Gillian Wagner RED
2016	Redwood 19	Liam Anderson RED	Redwood 44	Gillian Wagner RED
2015	Drake 40	Andy Ehrenberg RED	Redwood 22	Glennis Murphy RED
2014	San Rafael 47	Andy Ehrenberg RED	Redwood 24	Glennis Murphy RED
2013	San Rafael 56	Fred Huxham RED	Branson 31	Julia Maxwell BR
2012	Redwood 36	John Lawson DR	Redwood 48	Julia Maxwell BR
2011	Redwood 39	John Lawson DR	Redwood 42	Julia Maxwell BR
2010	San Rafael 52	Dan Milechman TAM	Redwood 45	Julia Maxwell BR
2009	San Rafael 35	Dan Milechman TAM	Redwood 54	Kate Courtney BR
2008	Redwood 54	Erik Olson NOV	Redwood 52	Theresa Devine MC
2007	Tam 49	Erik Olson NOV	Redwood 39	Mickey Davis SR
2006	Redwood 57	David Buscho SR	Redwood 40	Emilie Olson Tam
2005	Tam 36	Steve Sodaro RED	Redwood 61	Alison Greggor SM
2004	Tam 56	Jake Schmitt RED	TAM 63	Katelyn Calvelli SFD
2003	Redwood 38	Jake Schmitt RED	Redwood 42	Katelyn Calvelli SFD
2002	Redwood 23	Jake Schmitt RED	Marin Catholic 28	Nicci Fish MC
2001	Redwood 31	Rory Kuykendall SFD	San Marin 56	Meagan McCray SM
2000	Redwood 28	Josh Babiak RED	Marin Catholic 53	Morgan Banks SFD
1999	Redwood 24	Chris Johnson RED	Novato 50	Stephanie Farac TL
1998	Redwood 21	Chris Johnson, Nick Franco RED	Novato 34	Ann Glenn SFD
1997	Redwood 18	Adam Bessie RED	Novato 59	Ann Glenn SFD
1996	Novato 32	Todd Hunt NOV	Novato 48	Tiffany Hansen RED
1995	Novato 37	Robin Pendoley TL	Terra Linda 35	Jennifer Ponig TL
1994	Terra Linda 24	Ben Wigger SFD	Terra Linda 49	Jennifer Ponig TL
1993	Terra Linda 41	Tom Sweeney MC	San Rafael 42	Shaunna Anderson NOV
1992	Redwood 40	Adam Bonner TAM	San Rafael 57	Melissa Holden SR
1991	Redwood 49	Kris Viau NOV	Terra Linda 51	Emily Taylor NOV
1990	Redwood 47	Richie Boulet SFD	Redwood 37	Niamh Zwagerman TAM
1989	Redwood 30	Richie Boulet SFD	San Marin 44	Neve Zwagerman TAM
1988	San Rafael 26	Chris Swain RED	Redwood 30	Alisa Jones RED
1987		Paul Mankin SR	Redwood 27	Carolina Allen SR
1986	Terra Linda 42	Cliff Kerr SM	San Rafael 38	Nina Clark SFD
1985	Terra Linda 42	Andrew Huggins RED	Redwood 34	Molly Burke MC
1984	Redwood 46	Davin Markham TL	Marin Catholic 45	Chrissy McGee MC
1983	Redwood 27	Kevin Thayer TL	Terra Linda 43	Kathy Laughlin TL
1982	Redwood 34	Steve Sparks TL	Redwood 44	Terrie Martin RED
1981	Redwood 54	Sam Skinner RED	Terra Linda 38	Robyn MacSwain TL
1980	Terra Linda 46	Sam Skinner RED	Sir Francis Drake 44	Robyn MacSwain TL
1979	Redwood 35	Brad Tardy RED	Sir Francis Drake 29	Robyn MacSwain TL
1978	Redwood 63	Garth McCune RED	Sir Francis Drake 50	Diane Kenny NOV
1977	Redwood 35	Dave Coulman SM	Redwood 42	Sarah Sweeny MC
1976	Redwood 36	Aran Collier TAM	Tamalpais 46	Sarah Sweeny MC
1975	Redwood 26	Hal Schulz RED	Tamalpais 22	Sarah Sweeny MC
1974	San Rafael 30	Hal Schulz RED	Tamalpais 26	Linda Broderick TAM
1973	San Rafael 26	Ray Green SR	Tamalpais 29	Kate Keyes TAM
1972	Redwood 19	Jan Eric Moller RED		
1971	Redwood 26	Jan Eric Moller RED		
1970	Novato 35	Mike Arago TAM		
1969	Redwood 33	Ron Elijah NOV		
1968	Redwood 37	Don Makela NOV		
1967	Novato 53	Bob Bunnell TL		
1966	Redwood 40	Bob Bunnell TL		
1965	Tamalpais 45	Malcom Collier TAM		
1964		Greg Sparks TAM		
1963	Tamalpais	Keith Krieger TAM		
1962	Tamalpais			